

## WGSA - On Field Concussion Management

Athlete sustains a **SUSPECTED** head injury as a result of:

- A blow to the head, neck, or face.
- A blow or impact to the body that transmits force through the head.

**\*Concussion is SUSPECTED as a result of this injury\***

**“IF IN DOUBT, SIT THEM OUT”**

Athlete is:  
**Conscious.**

Remove athlete from field of play **immediately.**  
Take athlete to dugout and **start sideline testing.**

Based on the lack of symptoms & responses to testing, concussion is **NOT** suspected.

Player may **Return-to-Play**  
If no other injuries are identified.

Based on symptoms & responses to testing, **concussion IS** suspected.

Contact / notify parents of situation. Remove athlete from noisy, crowded areas.  
Coaches / parents monitor athlete over the next 24 hours.  
**IF symptoms worsen**, then immediately bring athlete to hospital.

Athlete is:  
**Unconscious, Unresponsive,** or has a **Suspected Neck Injury.**

**Call 911** / Emergency Services immediately.  
Check **vital signs.**  
Ensure **airway** is clear.  
**Stabilize neck** until emergency services arrive.

Medical Examination 24-48 hours from time of injury (family physician or ER).  
Return-to-Play protocols should be followed.

**Medical Clearance Letter is required prior to Return-to-Play.**